

FITNESS ROOM

A. Eligibility for Access to the Recreation Center

The Recreation Center's Activity Room, Fitness Room, and Pool are operated for solely the benefit and enjoyment of members in good standing of The Ridgefield Homeowners Association.

A member is defined as any resident Owner or Tenant of a Living Unit and all other individuals permanently residing at that address. This includes persons attending school away from home but residing in that Living Unit during the school breaks.

An adult member is defined as being 18 years of age or older.

An Owner in good standing has paid all assessments due, including but not limited to, any liens, fees, and late charges. Only Owners in good standing may use the Recreation Center, the Fitness Room, Pool and the Activity Room. The right to use the facilities is extended to residents and tenants of Owners who are in good standing.

Any individuals who are not Owners or do not meet the above residency requirements will be considered guests subject to admission rules described in other parts of this document.

To qualify for use of the Recreation Center facilities, all members and their guests must first register at the Recreation Center by completing all appropriate forms relative to use of Fitness Room and Pool or rental of the Activity Room. The purpose of these forms is to obtain a hold harmless statement from members and guests, to obtain an agreement from members and guests to obey all rules, and to obtain an agreement from members to be present at all times when their guests are using the facilities.

The Board of Directors reserves the right to suspend, for a defined period or permanently, Recreation Center privileges for any member or tenant found in violation of these Rules and Regulations.

B. Recreation Center Management

It is the responsibility of the Recreation Center Manager to assure the smooth operation of the facility according to the rules and regulations established by the Board of Directors and its Standing Committees. As such, matters of administration and operation can be directed to the Recreation Center Manager, but matters reflecting departures or changes in policy should be directed to the Standing Committee Chairpersons.

Any Owner having suggestions to improve the operation or use of the Recreation Center should complete a Ridgefield Homeowners Notice to Directors available in the Recreation Center lobby and online and submit it to the Recreation Center staff. The Notice will be given to the appropriate Director who will handle it.

FITNESS ROOM

A. Eligibility Requirements for Access to the Fitness Room

Before any member or guest can enter the Fitness Room, they must comply with Section I, Part A Eligibility Requirements for Access to the Recreation Center, complete the Fitness Room Registration & Waiver, and follow Section III, Part C. Sign-In/Out procedures.

All guests entering the Fitness Room must be at least 18 years old and must be accompanied by an adult member. All guests will be subject to a guest fee.

Members 16 and over may use the Fitness Room.

Members 14 to 16 may use the Fitness Room only when they are accompanied by an adult member. If the adult member leaves the Fitness Room, for any reason, the accompanied child must leave with them.

B. Fitness Room Hours

Fitness Room hours are posted at the Rec Center and on-line.

C. Sign In and Sign Out Procedures

All members and guests must sign in and out of the Fitness room.

D. General Rules

All members and their guests use the Fitness Room equipment at their own risk and must read and comply with the "Operation" labels on the equipment before use.

Shoes worn outside are prohibited to be worn into the Fitness Room. Only closed-toe athletic or tennis shoes may be worn for workouts.

Use of treadmills, cycle, step climber, and elliptical is limited to 30 minutes when other members are waiting to use them.

Equipment must be left in clean condition. Members and guests must spray a paper towel with sanitizer provided and wipe down equipment, including handlebars and seats, immediately after using the equipment.

Members using the Fitness Room on a regular basis may request an assigned locker to secure items while they exercise.

The Fitness Room cannot be rented for private use.

E. Personal Trainers

The personal trainer must provide the Directors with a current Certificate of Liability with at least \$1,000,000 liability each occurrence and at least \$300,000 property damage.

The personal trainer must sign the Fitness Room waiver as a guest of the member. The personal trainer must work with only that member. The personal trainer must sign in and out with the member and pay the guest fee.